

How my Positive Outlook Benefits my Community

788 Words

Who is a person with a positive outlook to you? To me, a person with a positive outlook is someone who lives everyday with optimism and strives for the well being of others. There are many people in the world who do little things everyday, but those little things can make an enormous difference in their community. Some people don't even notice how just a compliment can affect the confidence of another person. A person with a positive outlook is easily remembered throughout their community.

My parents (my role models) play a big role in the person I am today. They have raised me with morals and values and encourage me to believe that any person can make a difference in their community. Perhaps this is why my biggest belief is that helping people only takes a couple of minutes, and yet it can create a life changing impact on another person. In my school and my community, I am known for always helping others without expecting something in return.

For this reason, I use my positive outlook to find ways that I can benefit my community. Volunteering is one way that my positive outlook benefits my community. Helping people who really need it is a great way to benefit your community because you make a difference in the lives of those people. This year I was invited to play the violin at a community event where people were working to improve a person's home. I remember it started to pour while my violin group and I were playing. Even though it was pouring outside, I kept playing knowing that my violin and my music were soaked. I knew that what we were doing was for a good cause; for this reason I never stopped playing, not even when my soaked violin couldn't produce any more sound. I have learned that it is important to have a positive attitude even in the face of adversity.

In my school I benefit my community by helping out my classmates when they need me. I open the doors for people when they are holding too many things. When they are having a hard time understanding something we have learned in class, I help my classmates. In my French class there are many people who ask me about the work they are doing. Even if I have to do my own work for homework, I use my class time to help them with their work. Though the biggest way I help my school community is by simply being a friend to the people who really need me. Whenever I see a classmate who is going through a rough time, I give them advice on how to look on the bright side of things. I do this hoping it will make them into a better person and thinking that they will remember me as a person who made a difference in their life. I know that all the positive things I say to my classmates will one day have a positive impression in their lives. One of the people that I try hard to help is my friend, Angelica. Angelica gets bullied a lot in school. People make fun of her a lot and are very disrespectful to her. She doesn't stick up for herself in fear that other people will call her names. Her self-esteem and her confidence are very low. I try to be her friend when she needs me. She tells me all the things she's been through, and I just know that I need to encourage her to stick up for herself. This year she was helping me out with a bulletin board and telling me about how often she was bullied. I told her that she needed to stick up for herself and that she shouldn't listen to the rude things people say to her. She nodded and a little bit later one of the people who bullied her said something mean to her. To my surprise, my advice worked; Angelica told the bully to leave her alone, and the bully was left speechless. I was really proud of her actions. Through Angelica, I understood that just one act of kindness could change the way a person thinks forever.

In conclusion, a positive outlook is an excellent thing to share with your community. Whether it's at school or in your local community, an act of kindness is simply just one step away. It doesn't take a lot to give back to your community, just an initiative to make a difference. Just one act of kindness can lead to a whole community of excellence. What's your act of kindness going to be today?